

EMDR THERAPY
TRAINING
CORK 2018

EMDR



TRAINING

With Gus Murray

THIS EMDR THERAPY TRAINING AIMS TO

- I. Facilitate trainees to learn the principles and practices of EMDR therapy and to become proficient in their use
- II. Prepare trainees to integrate EMDR therapy into their clinical practice

Towards these ends, the training will include a combination of interactive theoretical input, demonstration, skills practise, supervision and case consultation.

TRAINING SCHEDULE

The training will take place in three modules of 2.5 days each – Friday 5.30 to 9.30; Saturday and Sunday, 9.00 to 5.00. The dates for 2018 are January 26th to 28th; May 11th to 13th; September 7th to 9th. In conjunction to the main training modules, trainees will receive a further 12 hours of supervision, case consultation and integration in small groups. These will take place in scheduled sessions between modules one and two and modules two and three. One final review and integration session will be scheduled after module three is completed.

DELIVERY

The training will be delivered by EMDR Europe Accredited Trainer Gus Murray in conjunction with a team of facilitators.

ACCREDITATION

This training will satisfy the training requirements to enable participants to seek professional accreditation as an EMDR practitioner.

COURSE FEE

The cost of the full training (including Supervision/Consultation) will be €990.00 which will be payable in three instalments.

TRAINER

Gus Murray is an EMDR Europe Accredited Trainer and Consultant with almost 25 years' experience in the use of EMDR therapy. Gus is a highly experienced Counselling and Psychotherapy trainer having been programme director and lead trainer at the Cork Institute of Technology for over 25 years. He is widely recognised for his capable, dynamic and interactive training style which is endorsed by repeated feedback from participants.

Gus was the recipient of the Carl Berkeley memorial award (2017) from the Irish Association for Counselling and Psychotherapy in recognition of his outstanding contribution to the development of the counselling and psychotherapy profession.

Gus is coordinating the development of EMDR Therapy in the Republic of Ireland and represents the Republic of Ireland on the boards of EMDR UK and Ireland and EMDR Europe. He has presented at EMDR conferences and events throughout Ireland and the United Kingdom.

Gus has over 25 years' experience as a mental health clinician and trainer.

